

COVID-19 and Prevention Services!

Nicholas House Prevention Service's has grown substantially over the past few months due to the need generated by the economic impact of COVID-19. Nicholas House has provided prevention assistance for nearly six years, under the direction of 1 case manager with focus on services for residents in the City of Atlanta only, we assisted approximately 100 people annually. However, within the past six months Nicholas House has expanded its Prevention Services Team from 1 case manager to eight (8) case managers. The new case managers provide assistance to households *throughout the metro-Atlanta area* and to date have provided assistance to more than 400 people. Nicholas House has future plans to maintain this pace for the next year at least.



The goal of Nicholas Houses' Prevention Services is to provide financial assistance and other services to prevent families from being evicted, losing their homes, or becoming homeless. Our community-based prevention services offer a comprehensive array of services such as short-term financial assistance to cover rent or rental arrears, mediation with landlords, and help with the process of qualifying for mainstream benefits.

[Click here](#) to learn more about Nicholas House's Prevention Services.

Sleeping Outside A Success!

The evening began with an overview of Nicholas House's programs and services, testimonials by Nicholas House graduates and special segments focused on activities for children, fitness activities to include mental health, cardiac, breast health and reproductive health awareness. A low impact fitness workout and healthy cooking demonstrations were well received and awesome! The night culminated with a special candlelight ceremony and a special message from *Dennis Bowman*, Nicholas House's Executive Director in tribute to families that experience homelessness each night.



Thanks to all registrants, participants and presenters! Special thanks to our special friends Actor **Hill Harper** and WSB-TV Anchors **Sophia Choi** and **Fred Blankenship**. Sincere gratitude is extended to sponsors **WSB-TV Family2Family, The Fulton DeKalb Hospital Authority, AARP Atlanta and Truist Bank**. Thanks to **Dr.'s Keith Wood, Arurag Sahu, April Spencer and John Lipman** for their expertise and helpful advice. Special thanks also to **Delta Community Credit Union, Oxfit Fitness Center and Wholistic Stress Control Institute**.

If you'd like to see the program in its entirety, please [click here](#). Didn't get a chance to start or complete your Peer To Peer Fundraiser? No worries, there is still time to sign up and continue fundraising! **The Peer To Peer Fundraising Portal is still live and you can make a donation supporting the Sleeping Outside Event until October 31st**. Proceeds benefit programs and services for homeless and vulnerable families. [Click here](#) to start your fundraiser now!

We could not have done it without you! Thanks again to all for their assistance, donations and participation.

Amazing Kids Doing Amazing Things!



Sadie Berman



Qudus Morris

7 year-old Sadie Berman has been painting for three years! Sadie's favorite painting is *Starry Night* because the stars give her inspiration and calm. Sadie's artwork has generated almost \$1,000 in sales. The proceeds have been designated to programs and services for homeless families provided by Nicholas House. When asked why she wanted to help homeless families she replied, *"because I like helping America, I like reinforcing it. It's like a wall, if a piece of it is missing or broken, you have to fix it in order for it to stay strong."*

13 year-old Qudus Morris surfed the internet and was inspired by the community work of Nicholas House. In honor of his 13th birthday and as part of his rights of passage initiatives, Qudus, wanted to do something profound for the community. He started a GoFundMe page for homeless families served by Nicholas House. When asked why he chose Nicholas House he replied, *"right now though our lives may be hard due to the pandemic, for families living on the street, life is even harder!"* "Though my goal of \$13,000 seems a little

ambitious – the sky is the limit” said Qudus. To date, Qudus has raised, \$7,841 for Nicholas House.

"These special acts of kindness are amazing! Nicholas House is honored by their desire to help less fortunate children and their parents.” stated Dennis Bowman, Executive Director, Nicholas House.

For more information, or if you would like to start a fundraiser, on behalf of Nicholas House, contact Terrisita Terry, Director of Development at tterry@nicholashouse.org.

Provide A Meal: Make A Difference!

"There is no greater joy than to be of service" replied a long term dinner service volunteer. Every night for more than 38 years, Nicholas House residents have been received a wonderful dinner provided by generous volunteers *like you*. Providing food is a wonderful way to care for others and be of service. Dinner is provided daily from 6:00-7:30 pm. For the safety of residents and volunteers, during the COVID-19 pandemic, we ask that all meals be prepared and dropped off at the shelter.



Contact Rodriquez Foster at 404-622-0793,ext.106 or rfoster@nicholashouse.org for [click here](#) for more volunteer information.
